PREPARATION Checklist

A companion resource to the book **Design to Engage** by Beth Cougler Blom.

AVAILABLE AT:
DESIGNTOENGAGEBOOK.COM

Once you have finished designing your lesson plan, you can turn your attention to preparing to facilitate your session.

Add your own preparation routines to this list:

Set goals related to anything you want to personally accomplish in the session that
will help you grow your facilitation practice.
Meet with your co-facilitator(s) to prepare for the session. Have a conversation
about what you hope facilitating the session together will look like. Share your goal
statements with each other.
Review your lesson plan. Make sure you are familiar with the major sections.
Prepare and print any handouts.
Prepare for any accompanying technology.
Decide how you will gather participant feedback and create the form, survey, or tool.
Finalize any visuals that will accompany your session.
Pack your facilitator's toolkit full of supplies and materials.
Carry out any self-care routines that will help you feel calm and ready to facilitate.
Plan how you will take care of yourself during the session.